

ALL SAINTS KESGRAVE

NEWSLETTER

ISSUE NO 40 – 04.11.18

THOUGHT FOR THE DAY

Remembrance is a special word in the Bible. In Luke's Gospel we read of Jesus sharing the first Communion Service with his disciples like this:- *And he took bread, gave thanks and broke it, and gave it to them, saying, "This is my body given for you; do this in remembrance of me."*

In essence the word means to make real in the here and now the there and then. In other words, Christians believe that when they take communion Jesus is as truly with them as he was at The Last Supper.

What of our use of the word today? This year Remembrance Sunday falls exactly on the 100th Anniversary of the end of World War One. Consequently, I believe, we need as a Church family to make a special effort to mark it. As a church we are hosting a special exhibition on November 10th (see The Journal for details). I need help on the day with welcoming visitors to both the Church and the Hall and making drinks in the Church. Please sign the list this week if you are able to.

On Remembrance Day itself there will be three morning services. At 10.00am there are two choices – the normal, All Age Parade Service in the Church and a special, more reflective service in the Hall based around World War One poetry and traditional hymns.

Then at 11.15am there will be another Parade service. All three services will allow us to gather at the War Memorial for that most sacred of moments – the 2 Minutes Silence at 11.00am. PLEASE join us and then work our God and Father to make real in the here and now the peace that countless sacrifices strove for there and then.

Every blessing
Robin

READINGS

Sunday 4th November

08.30am (HC) Isaiah 25 v.6-9
 John 11 v.32-44
10.00am (Sung HC) As 08.30am
6.30pm (MS) Psalm 23
 2 Corinthians 4 v.7-18

Sunday 11th November 2018

08.30am (HC) 1 Kings 17 v.8 – 16
 Mark 12 v.38 – 44
10.00am (Remem) As 08.30am
10.00am (Remem)
11.00am (Remem) As 08.30am
5.30pm (SoP) As 08.30am

Sunday 18th November

08.30am (HC) Romans 12 v.3-18
10.00am (MP) As 08.30am
6.30pm (HC) As 08.30am

DATE	TIME	WHAT & WHERE - If not Church
Sun 4 th Nov	8.30am	Holy Communion
	10.00am	Holy Communion Sung
	10.00am	FIG Family
	5.00pm	After Hours – Martlesham
	6.30pm	Memorial Service
Mon 5 th Nov	2.00pm	Silver Games
Tues 6 th Nov	10.00am	Sing, Sing & Play – Hall
Wed 7 th Nov	9.30am	Morning Prayer
	10.00am	Coffee & Craft
Thur 8 th Nov	11.00am	Holy Communion
Sun 11 th Nov	8.30am	Holy Communion
	10.00am	Remembrance – Ending on Legions Green
	10.00am	Remembrance–Hall(Ending on Legions Green)
	11.00pm	Remembrance – (Starting on Legions Green)
	4.00pm	Silver Café
	5.30pm	Songs of Praise
Tues 13 th Nov	10.00am	Messy Church – Hall
Wed 14 th Nov	9.30am	Morning Prayer
	10.00am	Coffee & Craft
Thur 15 th Nov	11.00am	Holy Communion
	2.30pm	C0 Training
	3.30pm	After School Church - Gorseland
	7.30pm	C0 Training
Sun 18 th Nov	8.30am	Holy Communion
	9.15am	Breakfast Special
	10.00am	Morning Prayer
	10.30am	Farmhouse
	6.30pm	Holy Communion
Mon 19 th Nov	2.00pm	Silver Screen
Tues 20 th Nov	10.00am	Sing, Sign & Play – Hall

Wed 21 st Nov	9.30am	Morning Prayer
	10.00am	Coffee & Craft
Thur 22 nd Nov	11.00am	Holy Communion
Sun 25 th Nov	8.30am	Holy Communion
	10.00am	Holy Communion
	10.00am	FIG Family
	6.30pm	Evensong
Mon 26 th Nov	5.30pm	Christingle
	7.00pm	Christingle
Tues 27 th Nov	10.00am	Messy Church - Hall
Wed 28 th Nov	9.30am	Morning Prayer
	10.00am	Coffee & Craft
Thur 29 th Nov	11.00am	Holy Communion
	3.30pm	After School Church – Gorseland

POSADA

It's that time of year again when we start talking about the Posada, and the journey of Mary, Joseph and the Donkey round our Parish. This year we want as many people as possible to take part and sign up. In the Posada bag we have added a candle for you to light, a journal for you to record any thoughts or reflections of their time with you and what it means to you and your family, colouring sheets and prayer sheets. If you are able to take any photos and upload them to our facebook page that would be fantastic and help us to share their journey with our wider community. Please sign up on the sheet at the back of the church by 18th November at the latest or email Charlotte Markham at cha.markham@btinternet.com for more details.

SILVER CAFÉ

Our next Silver Café will take place on 11th November at 4.00pm. All welcome.

C0 TRAINING - IMPORTANT!

To everyone who helps at All Saints in any way

There may be times when we encounter people who are at risk or who need help. In some roles this is very rare or never, in others it is more frequent. To help us, the Church of England has introduced Safeguarding Awareness sessions for everyone to attend. This is for all of us to take whether your role is visible or behind the scenes, whether you help regularly each week or once a year. These sessions can be taken as a group in the church building or can be taken online. Please look out for your safeguarding letter by email or to pick up in Church which will provide more details.

Meanwhile if you haven't already undertaken a Safeguarding session with our Church, you can book onto one of the sessions as follows:

AFTERNOON SESSION: 15th November 2.30pm - 4.00pm

EVENING SESSION: 15th November 7.30pm – 9.00pm

The sessions are run by our new Ordinand Sally Letman and take place in the church building.

or can be taken online - <http://www.cofesuffolk.org/training> and selecting "C0 Basic Awareness", takes approx. 1 hour

Please reply to let us know your choice, by contacting:

Anita Jones (Parish Safeguarding Administrator)

anitadjones@hotmail.co.uk or Tel: 07878 666703

Many thanks for taking the Safeguarding Awareness session,

With every best wish,

John Wittgreffe, Parish Safeguarding Officer

WW1 EXHIBITION

Join us in church and in the hall for a Celebration of 100 years since the end of WW1.

In the Church we will be exploring the life and times of Kesgrave's one casualty in active service. (10.00pm-4.00pm)
There will even be a life size trench to explore in our Church Hall (1.00pm-4.00pm). Simple refreshments will be available.

DON'T GET INTO DEBT THIS CHRISTMAS!

Every Christmas many people over-reach themselves financially and end up in debt and despair as the New Year breaks.

There is now an avalanche of advertisements on television urging people to borrow yet more when they find themselves in these difficulties, usually at exorbitant rates of interest.

If your finances are out of control, please seek help: contact the StepChange Debt Charity at <https://www.stepchange.org/> or Christians Against Poverty (CAP) <https://capuk.org/>

Please speak to me if you want to know more about these organisations or need help in taking the first step.

Sally Wainman 07807984589 mail@sallywainman.plus.com

ONLINE PRESENCE

A Church Near You/Facebook/Website.

We want to ensure that everyone has the most up to date information of what is going on in our Church at all times and in the quickest convenient way possible for all concerned. We have been doing lots of work updating our online presence to assist with this. Please check out the above using the links found at the end of this newsletter and let us know what works best for you or how we could improve on any of these.

THE ASK JOURNAL

Throughout the coming days, communities far and wide will be marking the centenary of the end of the First World War. All Saints Church, Kesgrave has been working closely with local Scouts and Guides groups, to host an exhibition which will be held in the church and church hall on Saturday 10th November. I spoke with Vicar Robin Spittle, to find out more.

“This is the only time in our lifetime that we will get to commemorate this centenary. The First World War affected everyone – no family was left untouched. I lost a Great Uncle and 4 other relatives during the conflict. My Great Grandmother was never the same after her Son died in 1917 in France. Their story was passed on to my Father and then to me, and it was a great privilege for me to be able to visit his grave in a small village in France on behalf of the whole family – the first time any family member had been to visit. It’s only really of late, with the development of the internet, that we can now more fully understand the personalities and histories of those who gave their lives in World War One. Part of our exhibition will focus on the life and times of Fred Upson, the only person in Kesgrave (which then had a population of only 89) to lose his life in active service in World War One. In the church hall between 1pm & 4pm, there will be a life size model of a World War One trench. Recordings of poetry will be playing in the chapel within church between 10am & 4pm, and sticker books will be available for children to look at, and to learn more about the First World War. Everyone is invited to come and join us to commemorate this significant anniversary. Details of services to be held on the Sunday are also available in the notice sheet, on the website and on our Facebook page”.

ALL SAINTS CONTACT DETAILS

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Assistant Priest	Chris Nunn	622363
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Deacon	Gary Jones	412329
Lay Readers	Martyn Shakespeare	610367
	Sally Wainman	414853
Youth Worker	Ollie Scase	07484 254534
Children's Worker	Jennie Fidler	07584420729
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Church Wardens	Helen Wittgreffe	07825 004585
	helen.wittgreffe@btinternet.com	
	Bob Bullamore	729586
	Bob.bullamore@gmail.com	
Hall Bookings	Bob Theobald	620709
Prayer Chain	Sybil Holbrook	805304

KESGRAVE LIBRARY NEWS

Sunday Crafts (11.00 – 12.00 noon)

The following craft activities will be taking place during

November:

4th – Tomorrow is Guy Fawkes Night. Pop along and make your own 3D firework decoration;

11th – Today is Remembrance Sunday. Make a poppy to take home or wear on your coat;

18th – Nearly all the leaves have fallen from the trees now. Make a hand print, autumn tree collage to take home;

25th – It's St Andrew's Day on Friday 30th November. Make a Scottie dog with a jazzy collar to celebrate.

Activities are free. Parents must stay with under eights. There's no need to book – just turn up and have a go.

Free BookStart Sessions – every Thursday including holidays. These are free activities for pre-school children and their parents or carers. Why not come along and join Abby every Thursday for songs, rhymes and poems?

BabyBounce - 10.30am – 11.00am.

Story Time—every Friday 9.45am–10.15am (Term time only).

This session combines stories and rhymes. All welcome. Why not pop along?

Other Library Events for November 2018

Knit and Natter – 7th & 21st 2.30pm. £1.00 - tea, coffee and biscuits provided. Welcome to all our new members.

Afternoon Book Group -1st 2.45pm. They are currently reading Exposure by Helen Dunmore.

Evening Book Group 29th 7.00pm. They are currently reading The Silence Between Breaths by Cath Staincliffe.

If you are interested in joining either of the book groups, please ring or speak to a member of staff.

Lego Club – 3.45 – 4.45pm. (term time only). Parents must stay with children under eight. Themes for November: 6th Firework display, 13th Make a town, 20th Superheroes and 27th Free Play.

IT Help Sessions – There are spaces available from October onwards, if you would like any help with any aspect of IT e.g. using your iPad, e-reader or need guidance downloading e-books from the library catalogue. Please get in touch or speak to a member of staff if you are interested.

Suffolk Parent Carer Network: Tuesday 13th November 2.30pm – 4.30pm. Do you have a child or young person with additional needs and/or disabilities? Would you like to have access to resources and events? Pop along to the library and meet the Ambassador from the SPCN, who is returning to the library and will be available to offer support and advice on a range of issues.

Scout Post Box – The library will be having the Scout post box for local deliveries of Christmas cards again this year, from Sunday 25th November to Tuesday 11th December. Just pop in and the box will be beside the staff desk.

Christmas Fayre – 2nd December 10.00am–12.00 noon. There are loads of stalls with fun games, including a free craft activity for the children and Father Christmas to visit. A raffle and refreshments are available plus homemade cakes.

Cards for Good Causes – Charity Christmas Cards and Suffolk Wildlife Christmas Cards (during library opening hours) - the shop will offer a fantastic range of cards.

The sale of every card also helps support your local library.

100 Club – Our Community Group has launched a 100 Club, to help with fund-raising and we have nearly 70 people who have signed up. For just £1.00 per month you could enter and have a chance of winning a cash prize plus knowing you are supporting your local library.

Used Stamps/coins – Can you help? – To help raise funds for St Elizabeth’s Hospice. Just bring them along and hand in to staff – it’s as easy as that!

Normal Kesgrave opening hours:

Monday 9.00am to 12noon

Tuesday 9.00am to 12noon & 2.30pm to 5.00pm

Wednesday 2.30pm to 6.00pm

Thursday 2.30pm to 8.00pm

Friday 9.00am to 12noon & 2.30pm to 6.00pm

Saturday 10.00am to 5.00pm

Sunday 10.00am to 3.00pm

Maggie Lusher

Kesgrave Library Manager

Tel: 01473 626103

www.suffolklibraries.co.uk

Kesgrave Library, Kinsey House, Kays Close.

FINAL WORD

Thanks for taking the time to read this edition, please don't forget to provide us with feedback.

Due to the new legislation on May 25th we can only continue to send you information by email if you have granted permission. If you have previously received this by email and had not replied to say you wish to continue to receive it then you will no longer receive it in this way. If you would like to receive this Newsletter by email please email cha.markham@btinternet.com to be added to the distribution list. You will be welcome to unsubscribe at any time. Your e-mail address will not be passed on to third parties. Alternatively it is available on our website (see below) or, in paper form from either the Library or the 2nd Stop Shop.

For a further explanation of any of our activities please contact Rev Robin Spittle (623388) or robinspittle@btinternet.com

Visit our website www.ASKesgrave.org.uk

You can also like us on Facebook –

<https://www.facebook.com/pages/All-Saints-Church-Kesgrave/583167891794217?fref=ts>

Or keep up to date with news and services on our A Church Near You Page –

<https://www.achurchnearyou.com/church/2061/>

Issue 41 available from 18th November 2018 – please note should you wish to have something included in this issue the deadline is 13th November 2018.